

## Nurturing Parenting for Families Stark County

This is a **FREE program** that increases family connectedness and support! OhioGuidestone is currently enrolling families with children from birth to age 18. Participants will receive program supplies and a \$25 gift card!

## WHAT YOU'LL LEARN:

- · How to cope with and resolve stress and conflict
- How to improve family communication
- · How to better understand yourself and your child's needs
- Much more!

## **ENROLL TODAY:**

- Call 1-440-260-6466
- Email: <u>StarkIntake@OhioGuidestone.org</u>
- Telehealth services available



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