

“Go Ahead” and “Wait” Assignment

Directions: The following is a list of some of the common reasons teens choose to become sexually active.

Peer Pressure	Hormones
To gain status/prove manhood	Already did it
Rebellion	To fit in
Media pressure	Think they're immune from STD's
To relieve stress	Alcohol/other drugs
Feels good	In love
Keep boyfriend/girlfriend	Revenge
Bored	To be popular
Poor role models	Curiosity
Make boyfriend happy	Everybody else is
To feel more grown up	People will like me more if I do
Want a baby	Not educated/uninformed

Directions: The following is a list of some of the common reasons teens choose to “wait” on sexual activity.

Pregnancy	STD's
Parents	Religion
Wait for the right one	Fear of physical harm
Sports	To be responsible
Want stuff	Emotional consequences
Morals/values	Family
Not ready	Fear of reputation
School	Career
Money	Goals
Social life	Don't know how
Not appropriate for my age	To avoid regret

Review the items on the “go ahead” and “wait” lists and answer the following questions:

1. What are five signs that it is the appropriate time to “go ahead” in a relationship?
2. What are five signs that it is best to “wait” in a relationship?